



KAMBRYA COLLEGE

Ph 9707 7600 Fax 9702 6277

kambrya.co@edumail.vic.gov.au www.kambryacollege.com

Principal's Message

May I wish everyone a warm welcome back to the 2013 School Year!

Indeed we have all been absolutely delighted by the positive recommencement of school following the summer break. As you will remember, the Commencement Program, which meant that the 2013 academic year began on 13 November 2012. All students then completed the first four weeks of their new year. The feedback from parents and teachers, together with extremely high rates of students' attendance, was evidence that the Commencement Program was most beneficial. The advantages of this program continue to flow as we enter the new calendar year.

I would also like to praise our new Year 7 students who have made an excellent start at Kambrya College. The year 7 students have been well organised, punctual, in correct uniform and ready to begin their studies with a terrific attitude. Similarly, I would like to make special mention of our Year 12 students who have impressed with their focus and dedication to their studies at this early stage of this most challenging year. I would like to thank all parents for their work in preparing all our students to make such a productive start to 2013.

It should be noted that our teachers and support staff have made a tremendous effort to have the College in tip-top condition for our students in every respect. Above all, our staff strive to know each of our students as learners – their strengths, their weaknesses and how to engage and challenge them. This year, a major focus at the College is to assist student to take charge of their own learning, understand their strengths and weaknesses and set appropriate goals for improvement. Anecdotal feedback indicates that our community has developed a high regard and confidence in Kambrya College, which we greatly value.

As we enter 2013, I encourage all parents and guardians to take an active interest in their child's learning and progress at school. Get to know your child's teachers and Sub School Leaders. All the evidence we have suggests that the more parents are involved in their child's learning, the more likely they are of being successful. A great opportunity for you to do so will be to participate in the first round of Parent Teacher Conferences will take place on Wednesday 27 February. Information will be distributed soon and I hope to see you there.

In the meantime, may I wish all our parents, students and staff a most successful year at Kambrya College.

Michael Muscat
Principal

NEWSLETTER NO 1

FEBRUARY 8TH 2013

FEB	
13th — 15th	Year 12 Study Camp—Somers
27th	Parent Teacher Conferences
MAR	
7th	Whole School Swimming Carnival
11th	Labour Day Public Holiday
14th	Immunisations—Year 7 & Year 9
23rd	Working Bee
28th	Cross Country—Years 7 to 10
28th	Last Day Term 1
APR	
15th	Term 2 Begins



Congratulations to Matthew Harper-Gomm on winning the '2012 Young Australian Writer of the Year'. His winning entry has been included for all to enjoy.

Special News



During the summer holidays Alex Clark, (in B10A) captained the U16 Victorian baseball team at the National Youth Championships in Geelong. Alex performed strongly with the bat and was a mainstay of the teams pitching rotation, throwing the most innings for his team across the tournament

The national tournament features all states and a combined territories team competing in 11 games across 8 days, the Victorian side went down in the Bronze medal playoff to finish fourth.

Instrumental Music News

2013 is off to a flying start with the Instrumental Music Program with an overwhelming amount of new year 7s expressing an interest in learning an instrument.

CONTINUING STUDENTS FROM 2012

Existing students who are wishing to continue with their tuition must have returned the forms provided to them **no later than Friday 8th February**. If you didn't receive a form, see the office immediately for one and state that you had lessons last year.

NEW ENROLMENTS FOR 2013

All new enrolments will be considered from **MONDAY 11th February**. If you expressed an interest in an instrument, please collect an enrolment form from the front office and see Mr Violi for approval.

There are limited spaces available so please be quick. In the event that no spots are available for your desired instrument, you will be added to a waiting list and notified as soon as lessons become available.

See Mr Violi for any further information.

Intra School Sport News

Term 1 Interschool Sport

Term 1 sees a lot of opportunity for all students to represent Kambrya in sport for all year levels. Term 1 sports include:



- ◆ Cricket
- ◆ Baseball (boys)
- ◆ Softball (girls)
- ◆ Tennis
- ◆ Volleyball
- ◆ Golf



Dates for try outs in these sports will be listed on the sports noticeboard outside the PE office, or you can speak to your subschool Sports Captain for more details.



We also have the whole school swimming carnival and the cross country carnival to look forward to!

Any questions about sport at Kambrya, speak to Miss Barfoot in the PE office!



Term 1 Interschool Sport Dates

Wk	Monday	Tuesday	Wednesday	Thursday	Friday
3		12th February Senior Cricket Day (Boys & Girls)			
6				7th March KAMBRYA SWIMMING CARNIVAL	
7	LABOUR DAY HOLIDAY	12th March DIVISION SWIMMING CARNIVAL			15th March Yr 8 Volleyball Yr 8 Tennis
8	18th March Senior Volleyball Senior Tennis Senior Baseball Yr 9/10 Baseball		20th March Yr 8 Cricket (Boys) Yr 7-12 Girls Softball	21st March SMR SWIMMING CARNIVAL	
9	25th March Yr 7-12 Golf Yr 7 Cricket (Boys) Yr 7/8 Super 8s Cricket (girls)	26th March Yr 7/8 Baseball (Boys) Yr 7 Volleyball Yr 7 Tennis	27th March SSV (STATE) SWIMMING CARNIVAL	28th March KAMBRYA X-COUNTRY CARNIVAL	GOOD FRIDAY

Intra School Sport News (Continued)

A message from School Sport Victoria:
The school website will be kept up to date with each term's sporting calendar. Any questions about interschool sport at Kambrya in 2013 can be directed to Miss Barfoot!

**Miss Barfoot
Sport Coordinator**

School Sport Victoria (SSV) actively promotes school sport for all Victorian school students, years 4 to 12, as a means of supporting schools in developing their students' health and wellbeing. SSV operates under the auspices of the Department of Education and Early Childhood Development. Membership of School Sport Victoria is open to all Victorian schools, providing the opportunities to participate in programs that extend from grassroots intra and inter school sport, to district, division, region, state and national levels. Students attending schools affiliated with SSV are eligible for selection in Victorian Teams to compete in 2013 School Sport Australia National Championships. Further information is available from your School's Sport Coordinator or on the School Sport Victoria website, www.ssv.vic.edu.au. Parents and teachers are encouraged to regularly visit the site.



WHOLE SCHOOL CARNIVALS 2013

In 2013 the whole school carnivals at Kambrya will continue as per previous years. These events include the Swimming Carnival and Cross Country Carnival (term 1) and the Athletics Carnival (term 2).

- Swimming and Athletics Carnivals: these are compulsory days held off campus for ALL year levels (year 7-12). Cross Country Carnival: This is a compulsory carnival at school for year 7-10 students from recess onwards. Senior students will be given the opportunity to complete the course during morning classes, then return to normal classes afterwards. Again, these days are compulsory attendance for all students. Students should have received a "Local Excursion Permission Form" notice from their homegroup teacher. This form covers their permission to attend these days, as well as any other local area excursions for their subjects throughout the year. Students need to have this permission form returned completed to their homegroup teacher ASAP. If they have lost this form, they can collect a new one from the front office.

Any questions about these carnival days can be directed to Miss Kate Barfoot or Miss Laura Herrington. Students can find either of us located in the PE office in the gym.

**Miss Barfoot & Mrs Herrington
Carnivals Coordinators**

Admin News

Entertainment Book

Please be advised that if you wish to purchase an Entertainment Book in 2013, we ask that you send an email through to Debbie at :

OLoughlin.Debbie.M1@edumail.vic.gov.au

by Thursday 28th February. They will be made available around May this year.

School Connectedness News

Term 1 2013

Sub School Competitions



	Academic Competition	Sporting Competition
	Guitar Hero Location W1	Volleyball Location Old Gym
Week 3	Tuesday 12 Feb	Thursday 14 Feb
	No Activities	No Activities
Week 4	Tuesday 19 Feb	Thursday 21 Feb
	No Activities	Gwonawa vs Bulen 7 - 10
Week 5	Tuesday 26 Feb	Thursday 28 Feb
	Bulen Try outs	Mirrim vs Warin 7 - 10
Week 6	Tuesday 5 March	Thursday 7 March
	Gwonawa Try outs	Swimming Carnival
Week 7	Tuesday 12 March	Thursday 14 March
	No Activities	No Activities
Week 8	Tuesday 19 March	Thursday 21 March
	Mirrim Try Outs	Gold Medal Match
Week 9	Tuesday 26 March	Thursday 28 March
	Grand Final	Senior Volleyball 11 - 12



End of Year Activities

Thank you to Maddison Lipari (B8A) and Eden Cooper (G8B) for their reports about the 2012 End of Year Activity program.

13th Ice-skating

It was great at ice-skating. As soon as we got there we got skates on and got started on the ice. At the start everyone was holding onto the edge but once we got started, we were more confident and everyone helped each other and used their team work. We were there for a bit longer, then we had lunch at the shops and finally we were on the train going home.

14th Luna Park

As soon as we got to Luna Park, we started on some rides. Me and my friends could walk around Luna Park and go on any rides we wanted to and if we brought money we could buy food. My friends and I had so much fun. We went on so many rides and we stayed together for everything. After a long day of fun we went back on the bus and we went home.

17th MSAC (Melbourne Sports & Aquatic Centre)

When we went to MSAC, I had so much fun. The first thing we did was go to the wave pool and that was great. Then I went to the water slide, and it was fantastic it went round and round and round then I went down the diving boards and at first I was nervous but I had a great time. After that I went to the diving platforms and that was even better, after that we went on the blow up and it was so hard but great. After, we went across to the park to have lunch.

18th Sidetracked

When we all got there the first thing we did was Laser Tag. Although I didn't do the best, I loved it. I went on the go karts, it was the best thing ever. We went around for about 8 to 10 minutes. It was a great day.

Eden Cooper

As a year 7 student this was the first time I participated in the End of year activities program.

The activities I chose to take part in were Gingerbread House Making, Luna Park, MSAC and Side-tracked.

Gingerbread Houses

Although the temperature was incredibly hot in the kitchen the students worked alongside the staff to make, bake and decorate ginger bread houses which we could take home to share with our families for Christmas. Ms Reynolds and Ms Holmes demonstrated what we were to do and we followed their instructions to make sure our houses were a success. All the ingredients were provided by the school even the boards the houses sat on. By the time we were finished you would have thought we had bought our houses in the shops.

Luna Park

To get to Luna Park we travelled by bus. Once there we all received a wrist band which entitled us to go on any ride we liked for the day. The daring students tried all the rides even those that made you want to be sick like the scissor ride and the pirate ship. It was great spending time with friends and by the end of the day even though it had rained on and off we all thought it was a fabulous activity.

MSAC

The visit to MSAC was probably my favourite activity. If you like water slides, diving boards, inflatable's and the wave pool this is the activity for you. The group travelled by bus and when there the students were able to try anything and everything. The staff at MSAC ran all the activities and even Mr Rault from Kambrya was daring enough to have a go. By the end of the fun we were all ready for a late lunch at Albert Park and then the bus trip home.

Side-tracked

At Side track we were able to do Go Carting and Laser Tag. We were divided into groups and given wrist bands which we wore for the day. Each group got to have a go cart ride and several turns at the Laser Tag. It was so much fun running around in the dark trying to shoot each other's vest to score points for our teams. I thought this activity would be more for the boys but in actual fact it can be enjoyed by both girls and boys.

Maddison Lipari

Public Notices

Education Maintenance Allowance - information for parents currently receiving EMA

Changes to the Education Maintenance Allowance (EMA) for 2013:

The EMA continues to help families on lower incomes with financial assistance to cover the cost of educational expenses including **textbooks, stationery, uniforms** and **excursions** for their child up until the age of 16.

From 2013, the Victorian Government is restructuring the EMA to better target financial support to families on lower incomes. Payments made direct to parents will be increased for eligible recipients at all year levels up to age 16, with an additional increase for parents with students in Years Prep and 7 in recognition of the additional costs at these transition points.

In 2013 the annual EMA payment for families with children in primary school (years 1-6) will receive a payment of \$150. Families with children in secondary school (Year 8 up until the age of 16) will receive an annual payment of \$250.

The School Start Bonus which was previously received by EMA families has been discontinued as a separate payment from 2013. However, additional funding has been incorporated into the EMA meaning that parents of children in Prep and Year 7 will receive boosted EMA payments of \$200 and \$300 respectively in those years.

From 2013, the EMA will no longer be paid 50/50 between the parent and the school. The 50% school portion of the EMA will no longer be paid to schools on behalf of parents. However, \$62 million over four years will be redirected to the State's most needy schools to assist families on lower incomes. These funds will form part of the school Student Resource Packages to be allocated at the local level.

New EMA payment option

From 2013, on the EMA application form you can choose to have your EMA payment;

Paid by direct deposit (Electronic Funds Transfer) into your nominated bank account **or**

Paid by cheque which will be posted to the school for collection **or**

Paid to the school to be held as credit which you can use towards education expenses

The introduction of the new payment option to have the EMA payment directed to the school provides parents with extra flexibility to assist with budgeting towards education expenses.

Eligibility:

To be eligible for the EMA in 2013, you must:

be either a parent or guardian of a primary or secondary school student up to the age of sixteen; **and**

be an eligible beneficiary of a Centrelink pension, allowance or benefit within the meaning of the *State Concessions Act 2004** **or** be a Veterans Affairs (TPI) pensioner **or** be a temporary foster parent.

* i.e – the parent/guardian must be the holder of a valid Health Care Card or valid Pension Card.

The eligibility criteria must be met as at **29 January 2013** (Instalment One) and **15 July 2013** (Instalment Two).

Payment Amounts - 2013:

	Prep	Years 1 - 6	Year 7	Year 8 – Age 16
Instalment One	\$140	\$105	\$210	\$175
Instalment Two	\$60	\$45	\$90	\$75
Annual Total	\$200	\$150	\$300	\$250

*Student year level (or age for ungraded and special school students) will determine the amount payable. Parents of students turning 16 years in 2013 are paid on a pro rata basis.

Contact: School Office for an EMA application form and to lodge your application. The closing date for EMA application forms to be submitted to the school is **28 February 2013**.

Public Notices Continued



Parenting after Separation

A 3 week program to help parents to better understand the effects of separation on their children and learn useful strategies for helping children to adjust.

Thursday evening Program

Aims

- To further assist parents to minimise the risks to their child's wellbeing due to parental separation
- To discuss specific issues relevant to parenting and separation
- To help parents maximise a loving parent and child relationship
- To look at the effects of separation on the family

For

Separating and separated parents

Note: Only one person from a separated couple can attend each group

Dates

Thursday evenings:
28 February, 7 and 14 March 2013

Time

7:00pm to 9:00pm (All sessions)

Venue

Windermere Child and Family Services
48 Webb Street, Narre Warren

Cost

Total cost \$45.00 (\$15.00 per week)
or \$40.00 if paid in full in week 1 (No GST)

For bookings and more information please contact:
Counselling Intake Worker on 03 9705 3200 or Info@windermere.org.au

Public Notices (Continued)



1-2-3 Magic & Emotion Coaching

A 3 week parenting program to assist parents to manage difficult behaviour in their children.

Thursday mornings in Pakenham!

Aims

- To increase your knowledge about what works in managing difficult behaviour and what doesn't.
- To lessen your feelings of frustration.
- To get better results with less effort and stress when dealing with your child's troublesome behaviour.

For

Parents with children aged from 2 to 12 years.

Dates

Thursday mornings 7, 14 & 21 March 2013
(no childcare available)

Time

09:30am to 12:00 noon (all sessions)

Venue

Pakenham Living and Learning Centre
6B Henry Street, Pakenham

Cost

\$55.00 full cost (includes workbook). Discount price of \$50.00 (includes workbook) if paid in full in week 1. Couples price of \$90.00 per couple (includes 2 workbooks) if paid in full in week 1.

For bookings and more information please contact:
Counselling Intake Worker on 03 9705 3200 or Info@windermere.org.au

Public Notices Continued



For your URGENT Attention!....

Dear Parents/Guardians/Carers,

It has come to my attention that some students in the school may have head lice and I seek your cooperation in checking your child's hair tonight or as soon as possible.

Head lice do not transmit infectious diseases – they are transmitted by having head to head contact with someone who has head lice.

You may be reassured to know that head lice are commonly found in places other than at Kambrya College

Head lice are common in school-aged children and are the most adaptable of creatures. They have survived living solely on humans for 10,000 years!!!!

What can you do?

I seek your cooperation in checking your child's hair and in those instances where head lice or eggs are found, treating your child's hair.

Please see the attached pamphlet *Treating and Controlling Head Lice*, from the Department of Human Services. This pamphlet has informative guidelines regarding detecting and treating head lice and eggs.

How do I treat my child for head lice?

The attached pamphlet (as noted above) has informative guidelines regarding detecting and treating head lice and eggs.

If head lice or eggs are found on your child's hair you need to inform:

the school and advise when the treatment has started,

Parents or carers of your child's friends so they too have the opportunity to detect and treat their children if necessary.

When can my child return to school?

Health regulations requires that where a child has head lice, that child should not return to school until the day after appropriate treatment has started. Please note, this refers only to those children who have live head lice and does not refer to head lice eggs.

Kambrya College is aware that head lice can be a sensitive issue and is committed to maintaining your confidentiality.

Yours Sincerely,

Joanne Wastle
Assistant Principal

Public Notices (Continued)

Treating and controlling head lice



While children are at school many families will have contact with head lice. The information here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice and given the chance head lice move from head to head without discrimination.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly, usually within 24 hours.

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5cm of the scalp and are firmly attached to the hair. They resemble dandruff but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

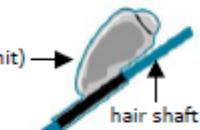
Step 1	Comb any type of hair conditioner on dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or run around.
Step 2	Now comb sections of the hair with a fine tooth head lice comb.
Step 3	Wipe the conditioner from the comb onto a paper towel or tissue.
Step 4	Look on the tissue and on the comb for lice and eggs.
Step 5	Repeat the combing for every part of the head at least 4 or 5 times.

If lice or eggs are found, the child's hair should be treated.

If your child has been treated recently and you only find empty hatched eggs, you may not have to treat as the empty eggs could be from a previous episode.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

To optimise treatment remove as many eggs as possible.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Treating head lice

Concentrate on the head—there is no evidence to suggest that you need to clean the house or classroom.

Head lice products must be applied to all parts of the hair and scalp.

No treatment kills all of the eggs so treatment must involve two applications seven days apart. The purpose of the first treatment is to kill all lice, the second treatment is to kill young lice hatched over the next six days.

Cover the person's eyes, for example with a towel, while the treatment is being applied.

If you are using lotions, apply the product to dry hair.

For shampoos, wet the hair, but use the least amount of water possible.

Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

2012 Young Australian Writers' Awards



The Legend of King Ethelred

Oh, for ever on the bards of the land shall sing,
Of the mightiest of men, Ethelred the King!
The greatest of all questing warriors was he,
A turncoat and coward he would never, ever be,
By day he would battle and slay roaring and blazing dragons,
By night he would feast, eating roast boar and draining frothing flagons,
Many a mighty empire and kingdom he wrought,
And shining treasures of myth and legend he sought,
Yet what in his heart he yearned for most of all,
Was to have as a bride the wife of Harald the Tall!

Although Harald was a bitter, jealous man with a heart of stone,
None could deter Ethelred from his wish to make Harald's wife his own,
So Ethelred then rode to see Harald the Tall,
To ask his favour in his high and golden hall,
But Harald would not speak with Ethelred, he departed to his room,
And thus he unwittingly sealed Ethelred's inevitable doom.

Ethelred stormed in rage from Harald's domain,
All the while swearing and cursing in vain,
Yet as he rode away on his mighty steed, he chanced upon a fair and beautiful young maid,
She said to him, "Oh please great lord, take me from my dreary life before my hope begins to fade".
To which the king replied, "Who are you and why does such a fair lady dwell in my enemy's hall?"
"But surely you recognise me", she answered, "I am the one you seek, Hilde, wife of Harald the Tall!"
So it was that Hilde, with Ethelred, stole away from under Harald's very own nose,
And when Harald learnt of what had befallen, from his options, war was what he chose.

Thus did the army of Harald the Tall ride to war,
The mightiest and grandest host the world ever saw,
And in response, Ethelred did naught,
No spear or sword or weapon he sought,
He sat on his bejewelled throne until Harald was at his castle's very door,

2012 Young Australian Writers' Awards

Only then did he descend from his high seat to the floor,
 And there, before all of Harald's might, he spoke, "Oh Harald you fool, can you not see,
 Hilde the fair never enjoyed you and your cold ways, she is far happier with me!"
 After much thought, Harald replied, "I do not accept your excuse, we must settle this dispute with a test!"
 At this, Hilde emerged from the shadows, "But not a test of fighting, I say, but a test of skill with poetry, what I love best!"

So Harald sent word for the greatest bards of his kingdom to help him compose,
 And every last hopeful minstrel, bard and poet came, from every town and village they rose,
 Yet almighty Ethelred the King remained without aid in his halls of stone,
 He would win the test with his own words, and his own words alone,
 Time passed, and at last the eagerly anticipated day of the test arrived,
 In place of the battle Harald had wanted, in which nobody would have survived,
 The test took place in a fertile, lush green valley,
 And at each end of it the supporters of each king began to rally.

And Harald strode forth, trumpets triumphantly blaring,
 All the while, Ethelred's supporters were glaring,
 And hurling insults and abuse in an attempt to discourage the enemy king,
 But Harald was undeterred; he unrolled the scroll of his poem and began to sing,
 "Hilde the fair, you were once the love of my life,
 But when you left you left my heart in strife,
 You abandoned me and my love for another man,
 Away like a thief and a coward you ran,
 Yet despite all this I would gladly give all to have you back,
 Because my heart is not complete when it is your love I lack,
 Come back to me now, and all I shall forgive,
 And happily ever after shall we live!"

With a flourish and a bow, Harald self-assuredly rode back to his faction,
 And Ethelred took his place, and prepared to launch his poem into action,
 "Hilde, hear this, that all of Harald's pretty words are naught,
 When compared to the great love that you and me have wrought,
 He promises forgiveness, but what is there to forgive,
 When you have given him all that you have to give,
 But he will not take it, for the art of love he cannot, will not, learn,
 He had his chance, and only bitterness in his heart could you discern,
 But your decisions and choices, I will not attempt to sway,
 Your heart has its verdicts and it will go its own way,
 Either to Harald the tall, or to I, Ethelred, and all I can do now is pray."
 Yet before Ethelred's poem was done, Hilde had come to her decision,
 "Ethelred", she said, "Was it ever in doubt that it is with you that my heart does lay?"
 "Put aside your doubts and worries, put aside your unfounded fears, for you have won the test, and you need no longer pray."

As soon as Ethelred heard those words, his heart leapt for joy, and he rushed forth to embrace Hilde the fair,
 Yet as Harald heard those words, his heart swelled with hate and he seized a nearby spear, and sent it soaring through the air,
 "If Hilde cannot be mine then none shall have her!" he roared, as the wicked spear hit home,
 Ending forever the life and tale of mighty Ethelred, sending his spirit to the heavens to roam,

And as Hilde knelt by Ethelred's dying body, Harald committed a sorrowful deed,
 All the shouts of anger and disbelief around him he did not, would not heed,
 For in the midst of his anger, he at last realised the fault of his actions, and drew his knife,
 And turned it upon himself, to pay for the pain he had caused, all of the sorrow and strife.

Oh, for ever on the bards of the land shall sing,
 Of the mightiest of men, Ethelred the King!

*By Matthew Harper-Gomm
 Year 8, Kambrya College
 BERWICK – VIC.
 Teacher: Mrs Leah Hands*

